

SCHEDULE - April 12 - April 26
Relax ॐ Recharge ॐ Rejuvenate
with Yoga, Meditation & Ayurveda
Live in the comfort of your home

Contact Devaki for more info @ (787) 464.5651 🙏

Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday
ॐ ॐ ॐ	CHAIR YOGA 4 - 5:00 pm	ॐ ॐ ॐ	CHAIR YOGA 10 - 11 am	ॐ ॐ ॐ	ॐ ॐ ॐ
ॐ ॐ ॐ	SIMPLY YOGA 5:30 - 6:30 pm	SATSANG TO CALM YOUR MIND 8 - 8:30 pm	YOGA FOR STRESS MANAGEMENT 6:00 - 7:30 pm	SIMPLY YOGA 5 - 6 pm	SATSANG TO CALM YOUR MIND 8 - 8:30 pm